

# Deciphering the molecular morphology of the human hair cycle: Wnt signalling during the telogen–anagen transformation

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## Summary

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### Conflicts of interest

R.P. serves as a consultant for Giuliani, and is founder and managing owner of Monasterium Laboratory.

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**Background** The signals that induce anagen (growth) in ‘quiescent’ human telogen hair follicles (HFs) are as yet unknown. Their identification promises better targeted therapeutic hair growth interventions.

**Objectives** Recognizing the central role of Wnt signalling in hair biology, the aim was to delineate the differential expression of key agonists, antagonists and target genes of this pathway during the telogen-to-anagen transformation of human scalp HFs.

**Methods** This differential expression was studied by in situ hybridization in human telogen and early-anagen scalp HF sections.

**Results** On anagen induction, gene expression of the Wnt ligands WNT3, WNT4 and WNT10B, the Wnt ligand secretion regulator WLS, and the Wnt target genes AXIN2 and LEF1, is significantly increased within the secondary hair germ and the dermal papilla. Conversely, expression of the secreted Wnt inhibitor SFRP1 (secreted frizzled-related protein 1) is reduced. Human epithelial HF stem cells upregulate WNT4 and WNT10A expression, suggesting that these Wnt agonists are important for stem cell activation.

**Conclusions** We provide the first evidence that key changes in Wnt signalling that drive murine anagen induction also occur in human scalp HFs, yet with notable differences. This provides a rational basis for Wnt-targeting therapeutic interventions to manipulate human hair growth disorders.

### What’s already known about this topic?

- Upregulation of Wnt agonists and downregulation of Wnt antagonists in the secondary hair germ and/or dermal papilla drives hair growth (anagen) induction in mice.
- Autocrine Wnt signalling in murine epithelial hair follicle stem cells is required to maintain their stem cell function.
- Reduction of Wnt ligands or increased expression of Wnt antagonists induces dysregulation of the murine hair follicle cycle and causes alopecia.

### What does this study add?

- This study demonstrates for the first time that key Wnt pathway regulatory agonists, antagonists and target genes, are expressed in the human telogen-to-early-anagen transformation.

- On human anagen induction the Wnt ligands WNT3, WNT4 and WNT10B are increased in the regenerating epithelium, whereas the Wnt antagonist, SFRP1 (secreted frizzled-related protein 1), is reduced.
- Human anagen induction has fundamental differences in the expression of Wnt ligands compared with the murine system.

### What is the translational message?

- Regulation of these Wnt ligands permits targeted therapeutic interventions in human hair growth disorders and informs development of new drugs that promote or suppress anagen induction.

Abnormalities in hair follicle (HF) cycling, that is the premature entry of growing (anagen) HFs into the regression stage of the hair cycle (catagen) and/or the retarded anagen induction in 'quiescent' (telogen) HFs, lie at the basis of most clinically important hair growth disorders.<sup>1–4</sup> While the molecular signals that drive HF cycling are well understood in the murine system,<sup>5,6</sup> these controls are as yet unexplored in human HFs. Although the organ culture of microdissected human anagen scalp HFs pioneered by Philpott and colleagues<sup>7,8</sup> has permitted major insights into key controls that regulate the anagen-to-catagen transformation,<sup>9</sup> such as changes in transforming growth factor- $\beta$  and insulin-like growth factor-1 signalling,<sup>10,11</sup> the main molecular signals that induce anagen in human telogen HFs are unknown.<sup>12</sup> This has greatly hindered the rational development of potent new hair growth-modulatory drugs that target key anagen induction signals.

It is widely assumed that these signals mimic those identified in mice.<sup>6</sup> However, the substantial signalling differences between murine and human hair growth control<sup>5</sup> caution against the development of novel agents for the treatment of human hair growth disorders based on speculative assumptions rather than experimental evidence. Yet, generating the latter has been greatly hampered by the difficulty of microdissecting and organ-culturing human telogen and early-anagen HFs from human skin,<sup>8</sup> unless one has access to fully cycling human scalp HF xenotransplants on immunocompromised mice *in vivo*.<sup>13</sup> Therefore, the signalling mechanisms that underlie the telogen-to-anagen transition have been almost exclusively investigated in the murine HF.<sup>12</sup> As there are fundamental differences between murine and human HF biology, such as the expression of transcription factors<sup>14</sup> and bulge epithelial HF stem cell (eHFSC) markers<sup>15</sup> or the response to important hair growth-regulatory hormones like 17- $\beta$ -oestradiol and prolactin,<sup>16–19</sup> it is unknown to what extent the mechanistic concepts identified in mice<sup>4</sup> apply to anagen induction in human HFs.

The main hurdle for clinical research in the study of the telogen-to-anagen transition in humans is the difficulty of obtaining 'in vivo' fresh telogen samples. However, our group has recently reported a method of obtaining human telogen and early-anagen HFs by stereomicroscopic selection during the follicular unit (FU) hair transplantation process. When harvested, FU

grafts are being stereomicroscopically visualized in order to classify them as one to four or more hair FU grafts, the suspected telogen or early-anagen follicles can be selected according to rigorous morphological criteria<sup>13</sup> and delineated using methylene blue staining.<sup>1,20</sup> In these freshly harvested human telogen and early-anagen scalp HFs, selected gene and protein expression changes can then be characterized by *in situ* hybridization (ISH) or immunofluorescence microscopy.

In the current study, we have undertaken the first step towards charting the 'molecular morphology' of human anagen induction in healthy human telogen HFs, using ISH to characterize gene expression changes for key molecular players of the Wnt pathway. This is because Wnt signalling is one of the most fundamental pathways for regulating the HF cycle in mice.<sup>21–24</sup> Specifically, Wnt activity is responsible for anagen induction by inducing proliferation within the secondary hair germ (SHG) and eHFSCs leading to regeneration of the HF.<sup>21–23,25–27</sup> While it has been doubted whether the SHG exists in human HFs,<sup>12</sup> morphological evidence clearly suggests that it does (Fig. 1).<sup>13</sup> This charting activity is a critical prerequisite for the rational, hypothesis-driven development of anagen-inducing or anagen-suppressing hair drugs that target Wnt signalling for the more effective management of hair growth disorders. These are based, at least in part, on insufficient/retarded anagen induction leading to telogen effluvium or alopecia such as androgenetic alopecia,<sup>3</sup> or on excessive anagen induction in telogen HFs leading to hirsutism/hypertrichosis.<sup>28</sup>

## Materials and methods

### Human hair follicle collection

Male occipital scalp HFs were obtained from five patients undergoing hair transplant surgery using the FU excision technique at Mediteknia Skin and Hair Lab, Gran Canaria, Spain. Tissue samples were harvested after obtaining written informed patient consent and ethical institutional approval (University of Las Palmas de Gran Canaria, CEIH-2014-06). Depending on the probe, three to 15 HFs were examined for quantification of either telogen or early-anagen HFs and derived from three to five donors.

## Human hair follicle isolation

FUs were placed in physiological saline solution after extraction, with HF's microdissected and separated based on macroscopic morphology.<sup>1</sup> HF's were immediately embedded in optimal cutting temperature compound (OCT) and frozen in liquid nitrogen. Samples were stored at  $-80^{\circ}\text{C}$  prior to subsequent use.

## Tissue processing

Using an OTF5000 cryostat (Bright Instruments, London, U.K.), 6- $\mu\text{m}$  frozen sections from microdissected fresh telogen and early-anagen HF's were made. Haematoxylin stain was used to ensure that HF's were in the correct hair cycle stage, based on distinct morphological criteria.<sup>13</sup>

## In situ hybridization

OCT-embedded HF's were sectioned at 6  $\mu\text{m}$ , dried at  $-20^{\circ}\text{C}$  for 1 h, then stored at  $-80^{\circ}\text{C}$  for subsequent use. Sections were then processed for RNA in situ detection using the RNAscope 2.5 HD Assay-Red kit (Advanced Cell Diagnostics, Newark, CA, U.S.A.) following the manufacturer's instructions. The following probes were used: SFRP1 (NM\_003012.4, target 401–1971), DKK1 (NM\_012242.2, target 229–1523), AXIN2 (NM\_004655.3, target 502–1674), LEF1 (NM\_001166119.1, target 793–1919), WLS (NM\_001193334.1, target 355–1325), WNT1 (NM\_005430.3, target 390–1863), WNT2 (NR\_024047.1, target 1324–2598), WNT3 (NM\_030753.4, target 1014–1945), WNT3A (NM\_033131.3, target 1212–2328), WNT4 (NM\_030761.4, target 132–1770), WNT10A (NM\_025216.2, target 658–1949), WNT10B (NM\_003394.3, target 865–2282), PPIB as a positive control (NM\_000942.4, region 139–989), and DapB as a negative control (EF191515, target 414–862).

## Secreted frizzled-related protein 1/keratin 15 immunofluorescence

For eHFSC visualization and SFRP1 protein immunostaining, frozen HF sections of 6  $\mu\text{m}$  were fixed in 4% paraformaldehyde for 20 min at  $4^{\circ}\text{C}$ , then washed with Tris-buffered saline (TBS) (all wash steps used TBS). Tissue was then permeabilized with 0.5% Triton X-100 (in TBS) for 10 min. Sections were washed and incubated with 10% normal goat serum (NGS) (in TBS) for 30 min. Next, sections were incubated with secreted frizzled-related protein 1 (SFRP1) (1 : 200 in 10% NGS; cat. no. ab4193; Abcam, Cambridge, U.K.) and keratin 15 (K15) (1 : 500 in 10% NGS primary antibodies; cat. no. 80522; Abcam) primary antibodies overnight at  $4^{\circ}\text{C}$ . The following day, sections were washed and incubated with Alexa Fluor 488 secondary antibody (1 : 200 in TBS; cat. no. A11008; Thermo Fisher Scientific, Waltham, MA, U.S.A.) and Alexa Fluor 594 secondary antibody (1 : 200 in TBS; cat. no. A11032; Thermo Fisher Scientific) for 1 h at room temperature. Sections were then washed and nuclei counterstained by using DAPI (4',6-diamidino-2-phenylindole)  $1\text{ }\mu\text{g mL}^{-1}$  in phosphate-buffered saline for 1 min. For negative controls,

primary antibodies raised against SFRP1 and K15 were omitted. Congruence of the observed SFRP1 and K15 immunostaining patterns with the ones reported for human scalp HF's<sup>14,32</sup> was used as positive control.

## Quantitative and qualitative morphometry of mRNA expression patterns

ISH and immunofluorescence were imaged using an Olympus BX53 upright microscope (Olympus, Tokyo, Japan). For representative immunofluorescence images, the contrast was changed globally within Microsoft PowerPoint (Microsoft Corporation, Redmond, WA, U.S.A.), and matching settings were applied to both telogen and early-anagen HF's. ImageJ software (<https://imagej.nih.gov>) was used to quantify the number of mRNA transcripts in the mesenchymal [connective tissue sheath and dermal papilla (DP)] and epithelial cells (SHG and regenerating hair-matrix) of telogen and early-anagen HF's. For qualitative analysis of eHFSCs two patient samples were used to confirm staining pattern.

## Statistical analysis

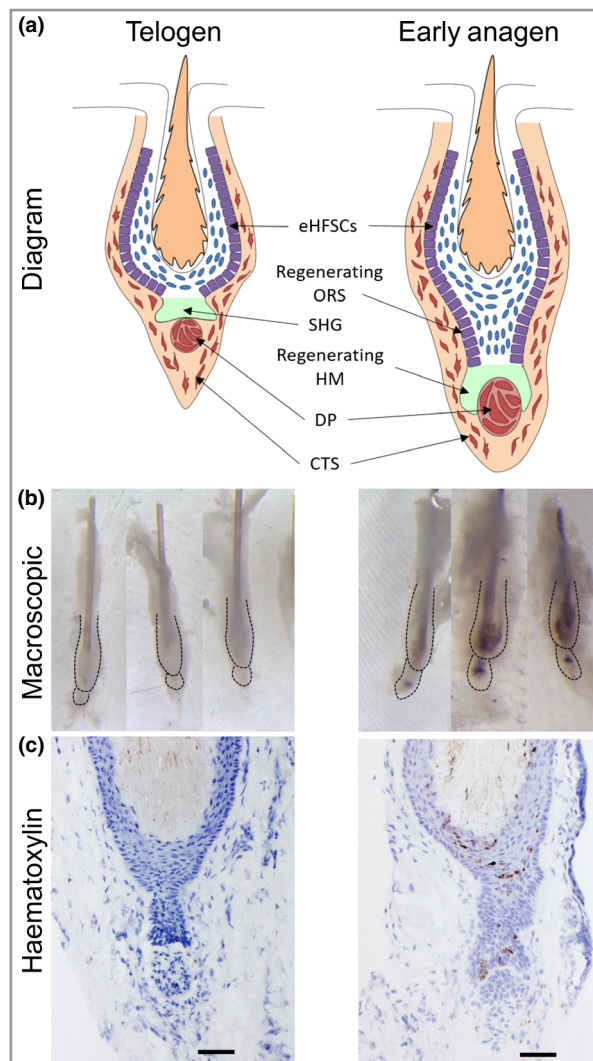
The average mRNA signal for each donor sample was used for statistical analysis ( $n = 3\text{--}5$  male donors for each mRNA probe target). To compare the anatomical regions of epithelial and mesenchymal cells but also between telogen and early-anagen human HF's, a two-way ANOVA with Šidák's multiple comparisons test was used to determine statistically significant changes. A P-value  $< 0.05$  was considered statistically significant. Analysis was performed using GraphPad Prism version 7 software (GraphPad Software, La Jolla, CA, U.S.A.).

## Results

### Follicular units obtained during hair transplantation surgery permit one to interrogate gene expression changes during the human telogen-anagen transformation

FUs obtained during hair transplantation surgery permit interrogation of gene expression changes during the human telogen-to-anagen transformation. To selectively compare Wnt signalling read-out parameters between human telogen and early-anagen HF's (Fig. 1a), we turned to freshly isolated FU punch grafts, as they are routinely prepared and used during single-unit hair transplantation surgery.<sup>29–31</sup> During the hair transplant surgery process, on average 1000–1500 FUs were extracted from the patient's donor scalp and individually inspected under the stereomicroscope for FUs that contained macroscopically suspected telogen HF's, and then further microdissected into individual HF's (Fig. 1b). These HF's were histologically verified to be in either telogen or early-anagen by haematoxylin histochemistry (Fig. 1c) to ascertain their exact hair cycle stage by applying the standardized classification criteria.<sup>13</sup>

To investigate Wnt signalling activity and its regulatory components in the telogen-to-anagen transition we focused on



**Fig 1.** Isolation of human telogen and early-anagen hair follicles (HFs). (a) Diagram of the anatomical regions of human scalp HFs. (b) Human scalp telogen and early-anagen HFs were identified macroscopically from follicular units during hair transplantation. (c) These HFs were validated further by haematoxylin staining and morphology. Dashed lines depict anatomical regions in macroscopic images. CTS, connective tissue sheath; DP, dermal papilla; eHFSCs, epithelial hair follicle stem cells; HM, hair matrix; ORS, outer root sheath; SHG, secondary hair germ. Scale bars = 50  $\mu$ m.

two compartments: (i) the SHG and (ii) the bulge region. This is because, in mice, anagen induction occurs in a two-step process: initially the SHG proliferates and forms the hair matrix, and next eHFSCs in the bulge region give rise to the outer root sheath (ORS) of the regenerating HF.<sup>4,25</sup>

### Wnt signalling is elevated in both the regenerating epithelium and mesenchyme of human early-anagen HFs

To examine whether intrafollicular Wnt signalling occurs in the human system, these freshly isolated human telogen and early-

anagen scalp HFs were subjected to single-molecule ISH,<sup>32</sup> and the canonical Wnt target genes *AXIN2* (Fig. 2c, d) and *LEF1*<sup>22</sup> (Fig. 2e, f) were analysed. Through this, low basal levels of *AXIN2* and *LEF1* mRNA in the SHG and DP of telogen HFs could be detected and were significantly higher in both selected compartments of early-anagen HFs (Fig. 2d, f), suggesting that Wnt signalling is increased on human anagen induction.

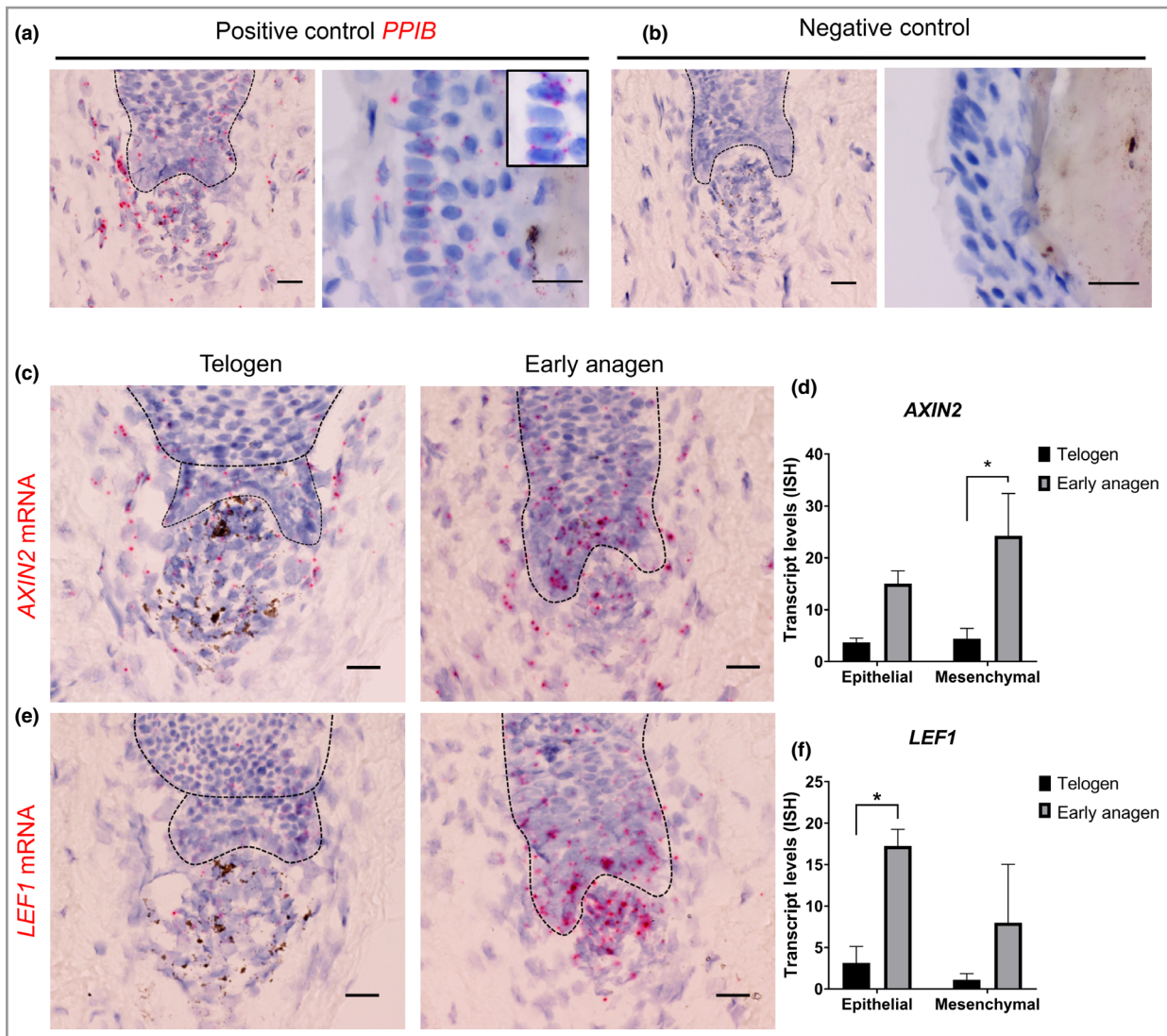
### Wnt ligand expression is increased within the regenerating epithelium on anagen induction

Next, we wanted to determine which cells and Wnt ligands could be responsible for this increased Wnt signalling on human anagen induction. To do this, we analysed the key regulator of Wnt secretion, *WLS*,<sup>23</sup> and a panel of Wnt ligands (*WNT1*, *WNT2*, *WNT3*, *WNT3A*, *WNT4*, *WNT10A* and *WNT10B*). This revealed that both the SHG and DP of human telogen HFs express low levels of *WLS* and that this is elevated within the regenerating epithelium and mesenchyme of early-anagen HFs (Fig. 3a, b), suggesting that both HF compartments have the capacity to secrete Wnt ligands. However, of the seven Wnt ligands we analysed, *WNT3*, *WNT4* and *WNT10B* could be detected and were specifically elevated in epithelial cells and not fibroblasts (Fig. 3d, e, g), suggesting that the SHG is the main source of Wnt ligands in the human early-anagen HF. Notably, *WNT3* is the most abundant Wnt ligand on anagen induction (Fig. 3c, d) signifying that *WNT3* is particularly vital for the regeneration of the human HF.

### The Wnt antagonist, secreted frizzled-related protein 1, is downregulated in epithelial cells and fibroblasts of human early-anagen hair follicles

As the balance of Wnt ligands and Wnt inhibitors determines activation of Wnt signalling,<sup>33</sup> we next wanted to ascertain if this increased Wnt signalling (Fig. 2) is also due to a reduction of Wnt inhibitors. To investigate the production of Wnt antagonists we analysed two secreted Wnt ligand inhibitors, *DKK1* and *SFRP1* (Fig. 4). This revealed that negligible levels of *DKK1* mRNA could be detected in telogen or early-anagen HFs (Fig. 4e), which is in agreement with previous murine data.<sup>34</sup> Conversely, *SFRP1* mRNA is not restricted to eHFSCs<sup>22</sup> and is expressed in the telogen SHG and fibroblasts (Fig. 4a, d). *SFRP1* is then reduced in both epithelial and mesenchymal cells within early-anagen HFs (Fig. 4a, d). To determine if the changes we detected by ISH at the mRNA level translated to protein, we analysed *SFRP1* protein by immunofluorescence (Fig. 4b, c). Through this we detected prominent *SFRP1* protein expression in the telogen HF, and on anagen induction *SFRP1* immunoreactivity was reduced in both epithelial and mesenchymal cells (Fig. 4b, c). Collectively, this suggests that *SFRP1* is a more prominent Wnt inhibitor than *DKK1* in the human telogen HF and therefore may contribute to regulating Wnt ligand activity in the telogen-to-anagen transition.





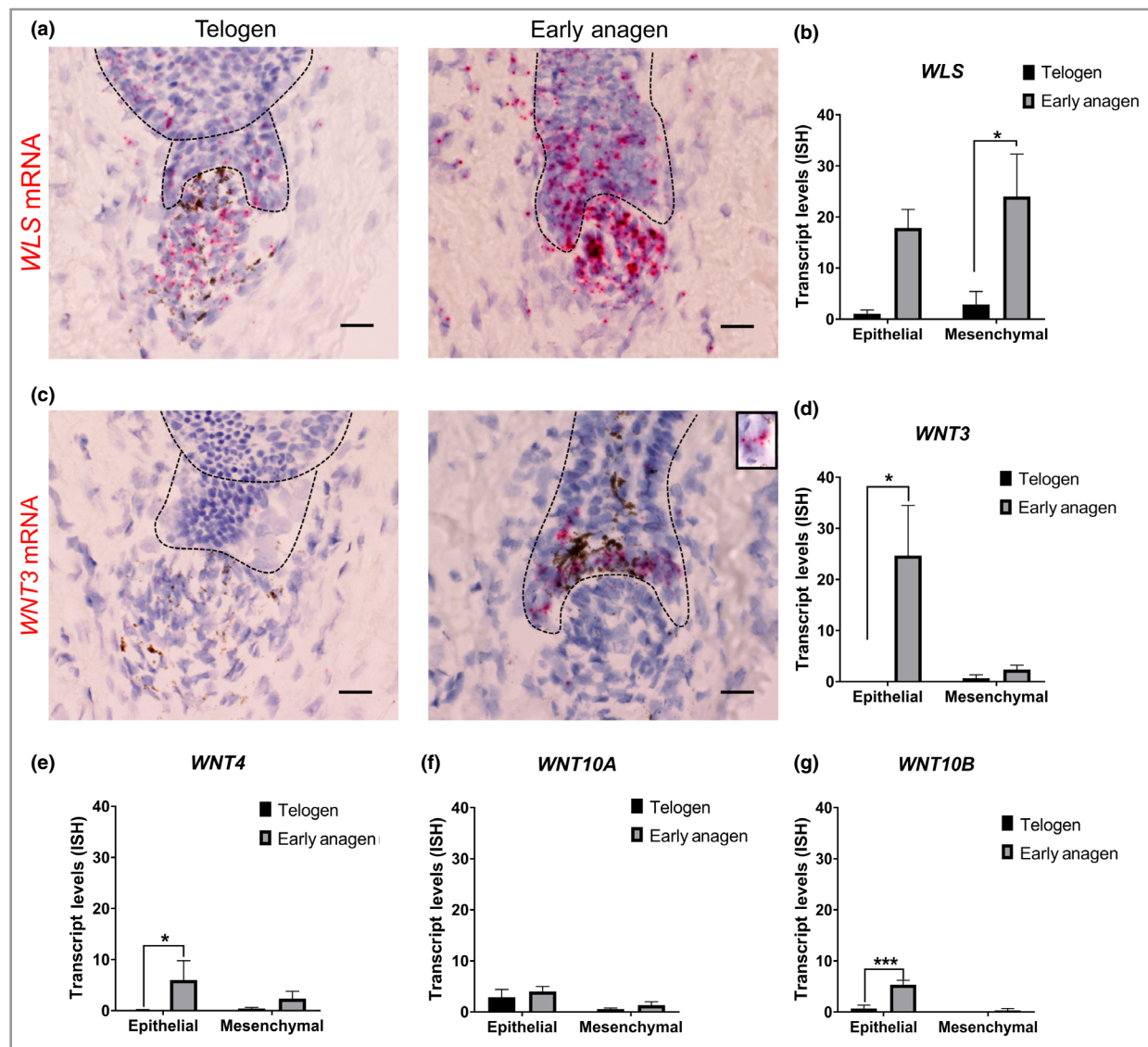
**Fig 2.** Wnt signalling (*AXIN2* and *LEF1* mRNA) is increased in human early-anagen hair follicles (HFs). (a) Positive and (b) negative controls for in situ hybridization (ISH) in the anatomical regions, dermal papilla, secondary hair germ (SHG) and bulge epithelial HF stem cells. (c) Representative images of *AXIN2* mRNA in telogen and early-anagen HFs. (d) Quantification by ISH of *AXIN2* mRNA signal. (e) Representative images of *LEF1* mRNA in telogen and early-anagen HFs. (f) Quantification of *LEF1* mRNA signal by ISH. Dashed lines depict the boundary between the SHG or regenerating hair matrix and the base of the bulge region. Inserts depict positive mRNA signal. Scale bars = 20 μm.  $n = 3-5$  male patient samples used for quantification of mRNA signal. Data are expressed as mean  $\pm$  SEM. A two-way ANOVA with Šidák's multiple comparisons test was used to determine statistically significant changes. \* $P < 0.05$ .

### Human bulge epithelial hair follicle stem cells self-regulate Wnt activity

Finally, we qualitatively analysed the expression of Wnt signalling molecules within the human bulge region of telogen and early-anagen HFs (Fig. 5). Recently it was identified that murine bulge eHFSCs self-regulate Wnt activity;<sup>22</sup> therefore, we next wanted to determine if these specific Wnt signalling molecules identified in mice are also expressed in human telogen eHFSCs. We detected *AXIN2* mRNA in telogen basal eHFSCs (Fig. 5a) and these cells continued to be *AXIN2*<sup>+</sup> in early-anagen HFs (Fig. 5b), suggesting that Wnt signalling is constantly active in these cells. This further corroborates that

telogen is not a 'resting' phase and that the 'quiescence' of the HF in this hair cycle window is, at best, a relative one, not only in mice,<sup>4</sup> but also in human scalp HFs. Next, we wanted to define the cells that are responsible for this Wnt activity by analysing WLS and Wnt ligand mRNA. WLS mRNA was detected in both the outer and the inner bulge layer of human telogen and early-anagen HFs (Fig. 5a, b), demonstrating that both layers have the capacity to secrete Wnt ligands.

Of the seven Wnt ligands we examined, none could be detected in the telogen bulge (Fig. 5a), despite the use of positive (Fig. 2a) and negative controls (Fig. 2b). Therefore, different Wnt ligands other than the ones we have examined here are responsible for regulating Wnt signalling during the telogen



**Fig 3.** The Wnt ligand mediator, WLS, and WNT3 mRNA is increased in the regenerating epithelium of early-anagen hair follicles (HFs). (a) Representative images of WLS mRNA in telogen and early-anagen HFs. (b) Quantification of WLS mRNA signal by in situ hybridization (ISH). (c) Representative images of WNT3 mRNA in telogen and early-anagen HFs. (d) Quantification of WNT3 mRNA signal by ISH. (e–g) Quantification of WNT4, WNT10A and WNT10B mRNA signal by ISH. Dashed lines depict the boundary between secondary hair germ or regenerating hair matrix and base of the bulge region. Insert depicts positive mRNA signal. Scale bars = 20  $\mu$ m.  $n = 3$ –5 male patient samples used for quantification of mRNA signal. Data are expressed as mean  $\pm$  SEM. A two-way ANOVA with Šidák's multiple comparisons test was used to determine statistically significant changes. \* $P < 0.05$ , \*\*\* $P < 0.001$ .

phase. Conversely, in early-anagen, bulge eHFSCs are positive for WNT4 and WNT10A (Fig. 5b), suggesting that these Wnt ligands are responsible for Wnt signalling during early-anagen.

Finally, we wanted to determine if these cells also express Wnt antagonists to moderate Wnt activity. This revealed DKK1 mRNA is negative in the bulge region, whereas SFRP1 mRNA transcripts and protein are detectable in both the inner and outer bulge region of human telogen (Fig. 5c–e) and early-anagen HFs (Fig. 5f–h). Collectively, this demonstrates that human eHFSCs are Wnt active, Wnt secreting and Wnt inhibitory, and therefore capable of self-regulating Wnt activity.

## Discussion

Even though Wnt signalling is regarded as one of the most fundamental pathways for anagen induction,<sup>4,35–37</sup> there is no evidence yet that this also applies to human HFs.<sup>12</sup> In this detailed study, utilizing fresh human telogen and early-anagen HFs, we were able to demonstrate for the first time which components of the Wnt pathway can be detected in the telogen–anagen transition of the human HF cycle (Fig. 6). Moreover, with high sensitivity, we have identified which cells are Wnt active, Wnt secreting and Wnt inhibitory. Through this, we confirm that the core components of the Wnt pathway in





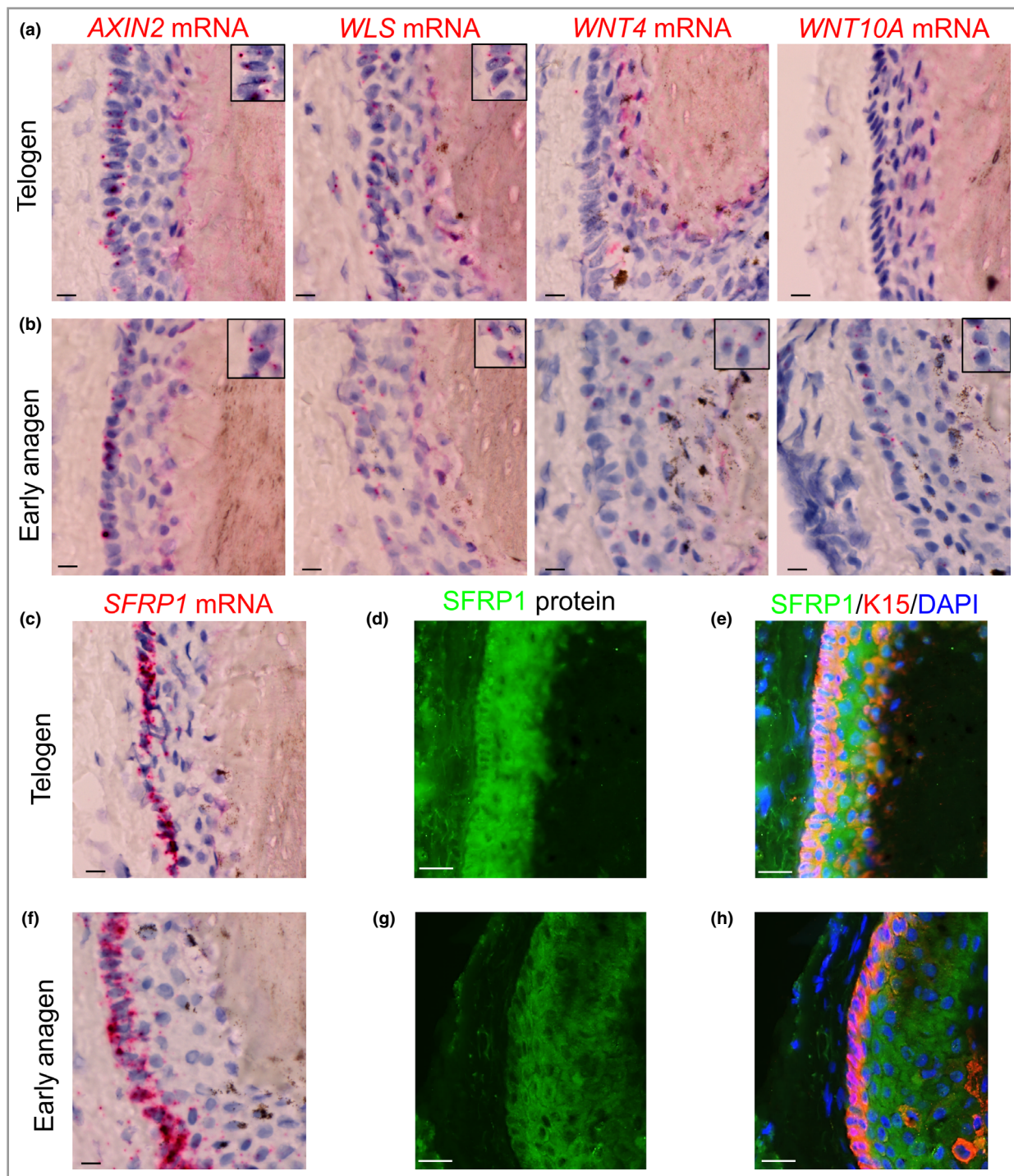
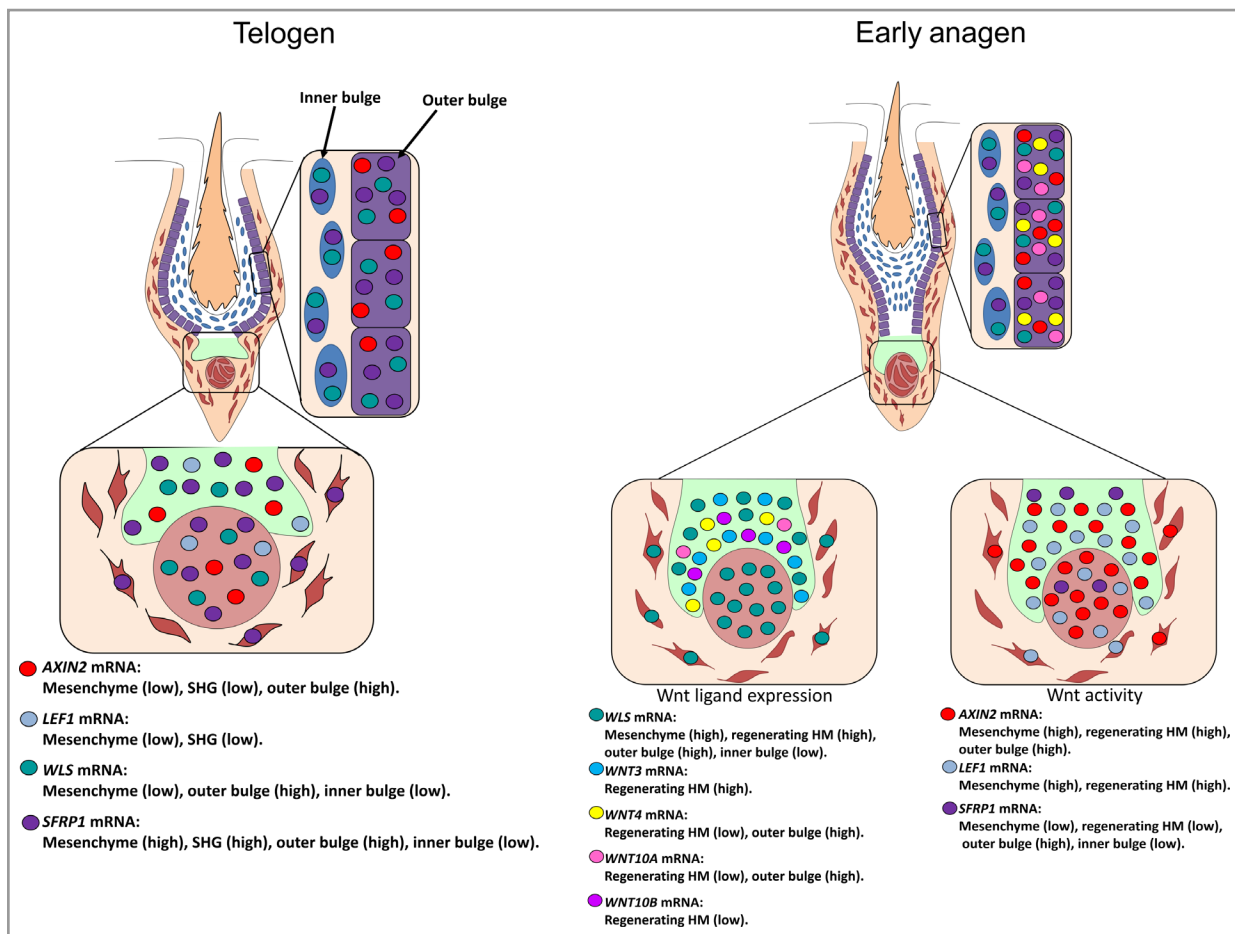


Fig 5. Detection of Wnt signalling molecules in human telogen and early-anagen bulge epithelial hair follicle stem cells (eHFSCs). (a) Representative images of the Wnt pathway in human bulge eHFSCs of telogen HF. (b) Representative images of the Wnt pathway in human bulge eHFSCs of early-anagen HF. (c) Representative image of secreted frizzled-related protein 1 (SFRP1) mRNA in telogen bulge eHFSCs. (d, e) Representative images of SFRP1 protein with the stem cell marker, keratin 15 (K15), by immunofluorescence microscopy in telogen HF. (f) Representative image of SFRP1 mRNA in early-anagen bulge eHFSCs. (g, h) Representative images of SFRP1 protein with the stem cell marker K15 by immunofluorescence microscopy in early-anagen HF. Inserts depict positive mRNA signal. Scale bars: a–c, f = 10  $\mu$ m; d, e, g, h = 20  $\mu$ m. DAPI, 4',6-diamidino-2-phenylindole.

and cellular context to genome-wide association studies of androgenetic alopecia that identify a reduction in *WNT10A*,<sup>43</sup> and also helps to explain why patients diagnosed with ectodermal

dysplasia<sup>44</sup> and Schöpf–Schulz–Passarge syndrome<sup>45</sup> who have a loss-of-function mutation in *WNT10A* suffer from alopecia or hypotrichosis.





**Fig 6.** Illustration depicting the mRNA expression of key Wnt signalling molecules in human telogen and early-anagen hair follicles (HFs). In human telogen HFs the secondary hair germ (SHG) and mesenchyme express low levels of Wnt target genes (AXIN2 and LEF1), the Wnt ligand secretion mediator WLS, and Wnt ligands, whereas the secreted Wnt inhibitor, secreted frizzled-related protein 1 (SFRP1), is highly expressed within these anatomical regions. Conversely, bulge epithelial hair follicle stem cells express high levels of AXIN2, WLS and SFRP1, whereas the Wnt ligands we analysed in this study are negative (WNT1, WNT2, WNT3, WNT3A, WNT4, WNT10A, WNT10B). On anagen induction, the regenerating epithelium increases expression of WLS and Wnt ligands (WNT3, WNT4 and WNT10B), whereas the mesenchyme increases expression of WLS and only negligible levels of Wnt ligands could be detected in this region. This also corresponded with high levels of Wnt target genes (AXIN2 and LEF1) in both the regenerating epithelium and mesenchyme and a reduction in SFRP1. The bulge region of early-anagen HFs continues to express AXIN2, WLS and SFRP1, and induces expression of WNT4 and WNT10A. SHG, secondary hair germ; HM, hair matrix.

In addition to hair-loss disorders, the SHG and bulge are of particular clinical relevance because they may give rise to at least some basal cell carcinoma (BCC) in human skin,<sup>46,47</sup> and dysregulated Wnt signalling has also been implicated in BCC pathobiology.<sup>48–50</sup> Clinically, this renders a systematic examination of Wnt signalling in these key epithelial progenitor cell compartments of human HFs<sup>15</sup> important also from an oncological perspective.

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